

GREAT CONVERSATIONS IMPROVE EFFICIENCY AND WELL-BEING

Most of our professional interaction is done through conversations so we thought it might be interesting to put together a Think Piece around this topic. Something that may provoke a discussion or debate within your team which might lead you to take a closer look at how you can reduce stress, anxiety and workload by improving professional conversations.



How conversations work is complex but also crucial to success.

How much does your team know about how conversations work and the brain science that sits behind it? How much time do you spend developing skills which will help your team get key messages across with both honesty and professional integrity?

If you think your team would benefit from a conversation 'health check' or you would like to explore 'Great conversations' in more detail please get in touch.

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