

<p>JANUARY 2019 Happy New Year! Quotes to inspire, to reflect on and to make you think. Take a minute each day to see how our daily quotes are relevant to where you are today. Decide to make your year amazing.</p>				<p>1st “A year from now you may wish you had started today.” Karen Lamb</p>	<p>2nd “The happiest people don’t HAVE the best of everything, they just MAKE the best of everything.” Anon</p>	<p>3rd “A problem is a chance for you to do your best.” Duke Ellington</p>	<p>4th “The main thing is to keep the main thing the MAIN THING.” Covey</p>	
<p>5th “We are what we repeatedly do. Excellence is not an act but a habit.” Aristotle</p>	<p>6th. “You have to be unique and different and SHINE in your own way.” Lady Gaga</p>	<p>7th I am always doing things I can’t do. That’s how I get to do them.” Picasso</p>	<p>8th “You must be the change you wish to see in the world.” Gandhi</p>	<p>9th “If you don’t place your foot on the rope you will never cross the chasm.” Liz Smith</p>	<p>10th “Think about what could go right.” Anon</p>	<p>11th “Most of the things you ever wanted are on the other side of fear.” Addair</p>	<p>12th “The greatest weapon against stress is to choose one thought over another.” James</p>	
<p>13th “Life is 10% of what happens to you and 90% of how you respond to it.” Swindoll</p>	<p>14th “Success is the sum of small efforts , repeated day in and day out.” Collier</p>	<p>15th “One must have chaos within to enable one to give birth to a dancing star.” Nietzsche</p>	<p>16th “Whatever you can do, or dream you can, begin it. Boldness has genius, power and magic in it.” Goethe</p>	<p>17th “Success isn’t about how much money you make it’s about the difference you make to peoples lives.” Michelle Obama</p>	<p>18th “You may be disappointed if you fail, but you are doomed if you don’t try.” Sills</p>	<p>19th “The best way to predict the future is to create it.” Abraham Lincoln</p>	<p>20th “We cannot become what we want to be by remaining where we are.” Depree</p>	
<p>21st “Motivation is what gets you started. Habit is what keeps you going.” Jim Rohn</p>	<p>22nd “Don’t wait. The time will never be just right.” Napoleon Hill</p>	<p>23rd “I am who I am today because of the choices I made yesterday.” Eleanor Roosevelt</p>	<p>24th “In the middle of difficulty lies opportunity.” Einstein</p>	<p>25th “The person who says it can’t be done should not interrupt the person doing it.” Chinese Proverb</p>	<p>26th “Of this be sure: you do not find the happy life... you make it.” Monson</p>	<p>27th “It doesn’t matter how slowly you go as long as you don’t stop.” Confucius</p>	<p>28th The journey of a thousand miles begins with a single step. Lao Tzu</p>	
<p>29th “Believe you can and you are half way there.” Theodore Roosevelt</p>	<p>30th “Act as if what you do makes a difference. It does.” James</p>	<p>We work with teams to increase effectiveness, success and well-being. Please get in touch if you think we could be part of your next step.</p>				<p>SIGNPOST COACHING SERVICES 07909808220 welcome@signpostcoaching.co.uk</p>		<p>31st “I am not afraid of storms because I am learning to sail my ship.” Louisa May Alcott</p>